

# First Aid Kit Contents

---

## TABLE OF CONTENTS

1)	<b>FIRST AID KIT FOR OFFICE AREAS AND PUBLIC BUILDINGS .....</b>	<b>2</b>
2)	<b>FIRST AID KIT FOR HIGH HAZARD AREAS .....</b>	<b>3</b>
3)	<b>FIRST AID KIT FOR OFF-CAMPUS ACTIVITIES .....</b>	<b>4</b>
4)	<b>FIRST AID KIT FOR REMOTE LOCATIONS .....</b>	<b>6</b>
	— MEDICATION IN FIRST AID KITS .....	8
5)	<b>PORTABLE FIRST AID KIT FOR REMOTE LOCATIONS.....</b>	<b>9</b>
6)	<b>FIRST AID KIT FOR MOTOR VEHICLES .....</b>	<b>10</b>
7)	<b>FIRST AID KIT FOR WORKING AT HOME .....</b>	<b>11</b>
8)	<b>ADDITIONAL MODULES FOR FIRST AID KITS .....</b>	<b>12</b>
	— ANAPHYLAXIS MODULE.....	12
	— ASTHMA MODULE .....	13
	— BURNS MODULE .....	14
	— CYANIDE MODULE .....	15
	— EYE MODULE.....	16
	— GENERAL CHEMICAL MODULE.....	17
	— HYDROFLUORIC ACID (HF) MODULE .....	18
	— MACAQUE MODULE .....	19
	— SNAKE BITE MODULE .....	20

## FIRST AID KIT FOR OFFICE AREAS AND PUBLIC BUILDINGS

Suitable for 1 – 50 people **low risk** or 1 – 40 people **medium risk**

ITEM DESCRIPTION	QUANTITY
<b>Communication and Emergency Preparedness</b>	
Names and extension numbers of first aiders in the area (including after-hours contacts)	
Emergency Services and Security telephone numbers	
<b>Signage, documentation and guides</b>	
Basic First Aid Guide	1
<a href="#">First Aid Online Report Form</a> (QR code attached to kit)	
Pen and note pad	1
<b>Resuscitation equipment</b>	
Disposable resuscitation mask or face shield with one-way valve	1
<b>Personal protective equipment (PPE)</b>	
Disposable surgical face masks	4
Disposable nitrile gloves (range of sizes)	5 pairs
<b>Bandages and dressings</b>	
Combine dressing (e.g. Aerowound®, Propax®), medium (20cm x 10cm or 20cm x 9cm), sterile	2
Conforming crepe bandage (e.g. Handyband®, Aerowound®), large (10cm width)	1 roll
Conforming crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	3 rolls
Conforming crepe bandage (e.g. Handyband®, Aerowound®), small (5cm x 1.5m)	3 rolls
Gauze swabs (10cm x 10cm), sterile (3 pack)	5 packs of 3
Eye pads, single use, sterile	2
Hypoallergenic adhesive tape, non-stretch (e.g. Micropore™), 2.5cm wide roll	1 roll
Individually wrapped adhesive dressing (e.g. Band-Aids®)	1 pack of 50
Triangular bandages (disposable or fabric)	2
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), large (10cm x 10cm), sterile	3
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), medium (7.5cm x 7.5cm), sterile	3
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), small (5cm x 5cm), sterile	6
<b>Miscellaneous</b>	
Alcohol-based hand sanitiser gel (e.g. Aqium®, Dettol®), 375mL	1
Normal saline ampoules, 15mL or 30mL	8 (15mL) or 4 (30mL)
Single-use chemical ice pack (disposable)	1
Stainless steel first aid scissors	1 pair
Thermal blanket (space blanket) (optional)	1
<b>Waste management</b>	
Disposable absorbent cloth (e.g. Chux® or Glitz® wipes) (optional)	1
Emesis bag (optional)	1
Plastic bag, resealable (250mm x 300mm)	2

## FIRST AID KIT FOR HIGH HAZARD AREAS

Suitable for 1 – 25 people

Additional **modules** may also be required, if appropriate (e.g. Anaphylaxis, Asthma, Burns, Cyanide, Eye, General Chemical, Hydrofluoric Acid, Macaque)

ITEM DESCRIPTION	QUANTITY
<b>Communication and Emergency Preparedness</b>	
Names and extension numbers of first aiders in the area (including after-hours contacts)	
Emergency Services and Security telephone numbers	
<b>Signage, documentation and guides</b>	
Basic First Aid Guide	1
<a href="#">First Aid Online Report Form</a> (QR code attached to kit)	
Pen and note pad	1
<b>Resuscitation equipment</b>	
Disposable resuscitation mask or face shield with one-way valve	2
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves (range of sizes)	10 pairs
Disposable surgical face masks	6
<b>Bandages and dressings</b>	
Combine dressing (e.g. Aerowound®, Propax®), medium (20cm x 10cm or 20cm x 9cm), sterile	3
Conforming crepe bandage (e.g. Handyband®, Aerowound®), large (10cm width)	2 rolls
Conforming crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	4 rolls
Conforming crepe bandage (e.g. Handyband®, Aerowound®), small (5cm x 1.5m)	4 rolls
Cotton wound dressing # 15 (e.g. Aerowound®, Propax®), large, sterile	1
Cotton wound dressing # 14 (e.g. Aerowound®, Propax®), medium, sterile	1
Cotton wound dressing # 13 (e.g. Aerowound®, Propax®), small, sterile	1
Eye pads, single use, sterile	6
Gauze swabs 10cm x 10cm (3 pack), sterile	10 packs of 3
Hypoallergenic tape (e.g. Micropore™), 2.5cm wide	1 roll
Individually wrapped adhesive dressing (e.g. Band-Aids®)	1 pack of 100
Triangular bandages (disposable or fabric)	2
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), large (20cm x 10cm), sterile	6
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), medium (10cm x 10cm), sterile	6
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), small (5cm x 5cm), sterile	10
<b>Miscellaneous</b>	
Alcohol-based hand sanitiser gel (e.g. Aqium®, Dettol®), 375mL	1
Normal saline ampoules, 15mL or 50 mL	15 (15mL) or 8 (50mL)
Single use chemical ice pack (disposable)	2
Stainless steel first aid scissors	1 pair
Thermal blanket (space blanket)	1
<b>Waste management</b>	
Disposable absorbent cloth (e.g. Chux® or Glitz® wipes)	2
Emesis bag (optional)	3
Plastic bag, resealable (250mm x 300mm)	2

## FIRST AID KIT FOR OFF-CAMPUS ACTIVITIES

Suitable for 1 – 15 people **low risk** or 1 – 10 people **medium risk**

The contents of remote locations first aid kits may vary according to the location and activities undertaken.

Additional **modules** may also be required, if appropriate (e.g. Anaphylaxis, Asthma, Burns, Eye, General Chemical, Snake Bite).

ITEM DESCRIPTION	QUANTITY
<b>Communication and Emergency Preparedness</b>	
Names and mobile phone numbers of first aiders (including after-hours contacts)	
Emergency Services and Security telephone numbers	
Copy of First Aid Assessment (including information of nearest hospital and emergency medical transport)	1
<b>Signage, documentation and guides</b>	
Basic First Aid Guide	1
<b>First Aid Online Report Form (QR code attached to kit)</b>	
First Aid Report Form, hard copy (optional)	5 forms
Pen and note pad	1
<b>Resuscitation equipment</b>	
Disposable resuscitation mask or face shield with one-way valve	2
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves (range of sizes)	10 pairs
Disposable surgical face masks	5
<b>Bandages and dressings</b>	
Combine dressing (e.g. Aerowound®, Propax®), medium (20cm x 9cm), sterile	4
Conforming crepe bandage (e.g. Handyband®, Aerowound®), large (10cm width)	2 rolls
Conforming crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	3 rolls
Conforming crepe bandage (e.g. Handyband®, Aerowound®), small (5cm x 1.5m)	3 rolls
Cotton wound dressing # 15 (e.g. Aerowound®, Propax®), large, sterile	2
Cotton wound dressing # 14 (e.g. Aerowound®, Propax®), medium, sterile	2
Cotton wound dressing # 14 (e.g. Aerowound®, Propax®), small, sterile	2
Eye pads, single-use, sterile	6
Gauze swabs 10 x 10cm, Sterile (3 pack)	8 packs of 3
Heavy crepe bandage (e.g. Elastoplast®, Aerowound®), large (10cm x 1.5m)	4 rolls
Heavy crepe bandage (e.g. Elastoplast®, Aerowound®), medium (7.5cm x 1.5m)	4 rolls
Hypoallergenic tape (e.g. Micropore™), 2.5cm	2 rolls
Individually wrapped adhesive dressing (e.g. Band-Aids®)	1 pack of 100
Triangular bandages (fabric only)	4
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), large (20cm x 10cm), sterile	6
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), medium (10cm x 10cm), sterile	12
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), small (5cm x 5cm), sterile	6
<b>Miscellaneous</b>	
Alcohol-based hand sanitiser gel (e.g. Aqium®, Dettol®), 375mL	1
Antiseptic hand wipes (e.g. Wet Ones®, Dettol®)	1 pack
Normal saline ampoules, 15mL or 50 mL	8 (15mL) or 4 (50mL)
Single use chemical ice pack (disposable)	2
Stainless steel first aid scissors	1 pair

Thermal blanket (space blanket)	1
<b>Waste management</b>	
Disposable absorbent cloth (e.g. Chux® or Glitz® wipes)	4
Emesis bag x 5 (optional)	3
Plastic bag, resealable (250mm x 300mm)	2

## FIRST AID KIT FOR REMOTE LOCATIONS

Suitable for 1 – 15 people **high risk**

The contents of remote locations first aid kits may vary according to the location and activities undertaken.

Additional **modules** may also be required, if appropriate (e.g. Anaphylaxis, Asthma, Burns, Eye, General Chemical, Snake Bite).

ITEM DESCRIPTION	QUANTITY
<b>Communication and Emergency Preparedness</b>	
Names and mobile phone numbers of first aiders (including after-hours contacts)	
Emergency Services and Security telephone numbers	
Copy of First Aid Assessment (including information of nearest hospital and emergency medical transport)	1
<b>Signage, documentation and guides</b>	
First Aid Survival Guide	1
<b>First Aid Online Report Form (QR code attached to kit)</b>	
First Aid Report Form, hard copy (optional)	5 forms
Pen and note pad	1
<b>Resuscitation equipment</b>	
Disposable resuscitation mask or face shield with one-way valve	2
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves (range of sizes)	10 pairs
Disposable surgical face masks	10
<b>Bandages and dressings</b>	
Combine dressing (e.g. Aerowound®, Propax®), medium (20cm x 9cm), sterile	4
Conforming crepe bandage (e.g. Handyband®, Aerowound®), large (10cm width)	1 roll
Conforming crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	3 rolls
Conforming crepe bandage (e.g. Handyband®, Aerowound®), small (5cm x 1.5m)	3 rolls
Cotton wound dressing # 15 (e.g. Aerowound®, Propax®), large, sterile	2
Cotton wound dressing # 14 (e.g. Aerowound®, Propax®), medium, sterile	2
Cotton wound dressing # 14 (e.g. Aerowound®, Propax®), small, sterile	2
Eye pads, single-use, sterile	8
Gauze swabs 10 x 10cm, Sterile (3 pack)	10 packs of 3
Heavy crepe bandage (e.g. Elastoplast®, Aerowound®), extra large (12.5cm x 1.5m)	3 rolls
Heavy crepe bandage (e.g. Elastoplast®, Aerowound®), large (10cm x 1.5m)	4 rolls
Heavy crepe bandage (e.g. Elastoplast®, Aerowound®), medium (7.5cm x 1.5m)	4 rolls
Hypoallergenic tape (e.g. Micropore™), 2.5cm	2 rolls
Individually wrapped adhesive dressing (e.g. Band-Aids®)	2 packs of 100
Pressure immobilisation (elasticised) bandages (e.g. AeroForm™ Snake Bite Bandage with Indicator), large (10cm x 10.5m stretched)	2 rolls
Triangular bandages (fabric only)	3
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), large (20cm x 10cm), sterile	6
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), medium (10cm x 10cm), sterile	12
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), small (5cm x 5cm), sterile	6
<b>Miscellaneous</b>	
Fresh water (if no onsite access to fresh water)	2 litres
Limb splint (e.g. SAM Splint®)	1
Normal saline ampoules 15mL – 30 mL	8 (15mL) or 4 (30mL)

Normal saline ampoules 50 mL	5
Permanent marker or pen (to mark location of bite site, time of bite and bandage application)	1
Polyethylene film (e.g. Glad Wrap®) or large plastic sheeting	1 roll or large sheet
Plastic drinking vessel	1
Single use chemical ice pack (disposable)	4
Stainless steel first aid scissors	1 pair
Stainless steel shears (round nose)	1 pair
Stainless steel forceps	1 pair
Safety pins (12 pack)	1 pack
Sharps container	1
Soft cervical collar (NB Only to be used by a first aider with appropriate training)	1
Splinter remover, disposable, sterile	10 probes
Thermal blanket (space blanket)	2
Thermometer (digital) and spare batteries	1
Torch and spare batteries	1
Whistle	1
<b>Waste management</b>	
Disposable absorbent cloth (e.g. Chux® or Glitz® wipes)	5
Emesis bag (optional)	5
Plastic bag, resealable (250mm x 300mm)	5
<b>First Aider infection control</b>	
Alcohol-based hand sanitiser gel (e.g. Aqium®, Dettol®), 375mL	1 bottle
Antiseptic hand wipes (e.g. Wet Ones®, Dettol®)	1 pack
Antiseptic soap (e.g. Dettol®, Cetaphil®)	1 bar or bottle
Nail scrubbing brush	1
<b>Medication*</b>	
Aspirin 300mg, dissolvable <i>NB Only to be administered when instructed by emergency services. Only to be used by a First Aider with appropriate training.</i>	1 packet
Hydrogel impregnated foam dressing, medium (10cm x 10cm), (e.g. Burnaid®) sterile <i>NB Only to be used by a First Aider with appropriate training. It is recommended not to apply hydrogel products as a first aid measure UNLESS there is no access to a continuous potable water source.</i>	3
Paracetamol or similar mild analgesic	1 packet
Zinc oxide dressing tape (e.g. Leukoplast®, Tensoplast®), large (7.5cm x 2.5m)	2 rolls

## \*Medication in first aid kits

The inclusion of medications in first aid kits can be determined by completing a First Aid Assessment. Medication should be stored according to the manufacturers' instructions (e.g. consider light and heat exposure), and be replaced when they reach their expiry date.

First Aiders need to be aware that the administering of medication should only occur in certain circumstances. If it is anticipated First Aiders will need to administer medication, they need to be provided with appropriate training.

Monash staff and students who require prescribed or over-the-counter medicines should carry their own medicines for their personal use as needed.

In general, administering scheduled medications needs to be managed by a registered health professional. However, in providing first aid, it may be appropriate for a First Aider, in certain circumstances, to:

- Assist a patient with taking their medication (such as an asthma inhaler); or
- Assist a patient to take, or administer a medicine to a patient, in line with their First Aid training or on the instruction of a registered health professional or Ambulance Victoria (for example, giving an adrenaline (epinephrine) auto-injector in anaphylaxis).

First Aiders are not expected to know staff or students' medical conditions.

Where the University considers it necessary, 300 mg of dissolvable aspirin can be included in the first aid kit for the treatment of chest pain, to be administered on the instruction of Ambulance Victoria or a registered health professional.

Where the University considers it necessary, mild analgesics can be included in the first aid kit with appropriate controls on access. This can include paracetamol or similar agents that are available for unrestricted purchase. These medications should be used in accordance with the instructions on the package.

Medication should be stored according to the manufacturers' instructions (e.g. light and heat exposure), and be replaced when they reach their expiry date.

Refer to the [First Aid Procedure](#) for further information.



## PORTABLE FIRST AID KIT FOR REMOTE LOCATIONS

Contents may vary according to the requirements of the trip and are to be used in conjunction with the Off-campus and/or Remote Locations Kits.

NB: The contents of the kits assumes that staff, students, visitors or volunteers are carrying a means of communication with base camp at all times.

Additional **modules** may also be required, if appropriate (e.g. Anaphylaxis, Asthma, Burns, Eye, General Chemical, Snake Bite).

ITEM DESCRIPTION	QUANTITY
<b>Communication and Emergency Preparedness</b>	
Names and mobile phone numbers of First Aiders (including after-hours contacts)	
Emergency Services and Security telephone numbers	
Copy of First Aid Assessment (including information of nearest hospital and emergency medical transport)	1
<b>Signage, documentation and guides</b>	
First Aid Survival Guide	1
<a href="#">First Aid Online Report Form</a> (QR code attached to kit)	
First Aid Report Form, hard copy (optional)	2 forms
Pen and note pad	1
<b>Resuscitation equipment</b>	
Disposable resuscitation mask or face shield with one-way valve	2
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves (range of sizes)	5 pairs
Disposable surgical face masks	5
<b>Bandages and dressings</b>	
Conforming crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	1 roll
Eye pads, single-use, sterile	2
Hypoallergenic tape (e.g. Micropore™), 2.5cm	1 roll
Individually wrapped adhesive dressing (e.g. Band-Aids®)	20
Triangular bandages (fabric)	2
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), large (20cm x 10cm)	2
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), medium (10cm x 10cm)	5
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), small (5cm x 5cm)	5
<b>Miscellaneous</b>	
Alcohol-based hand sanitiser gel (e.g. Aqium®, Dettol®), 375mL	1
Antiseptic hand wipes (e.g. Wet Ones®, Dettol®)	1 pack
Normal saline ampoules 15mL – 30 mL	4 (15mL) or 2 (30mL)
Stainless steel first aid scissors	1 pair
Thermal blanket (space blanket)	1
<b>Waste management</b>	
Disposable absorbent cloth (e.g. Chux® or Glitz® wipes)	2
Emesis bag (optional)	2
Plastic bag, resealable (250mm x 300mm)	2

## FIRST AID KIT FOR MOTOR VEHICLES

Additional **modules** may also be required, if appropriate (e.g. Anaphylaxis, Asthma, Burns, Eye, General Chemical).

ITEM DESCRIPTION	QUANTITY
<b>Communication and Emergency Preparedness</b>	
Names and mobile phone numbers of first aiders (including after-hours contacts)	
Emergency Services and Security telephone numbers	
Copy of First Aid Assessment (including information of nearest hospital and emergency medical transport)	1
<b>Signage, documentation and guides</b>	
Basic First Aid Guide	1
<a href="#">First Aid Online Report Form</a> (QR code attached to kit)	
First Aid Report Form, hard copy (optional)	3 forms
Pen and note pad	1
<b>Resuscitation equipment</b>	
Disposable resuscitation mask or face shield with one-way valve	2
<b>Personal protective equipment (PPE)</b>	
Disposable surgical face masks	2
Disposable nitrile gloves (range of sizes)	8 pairs
<b>Bandages and dressings</b>	
Conforming crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	1 roll
Eye pads, single-use, sterile	2
Hypoallergenic tape (e.g. Micropore™), 2.5cm	1 roll
Individually wrapped adhesive dressing (e.g. Band-Aids®)	50
Triangular bandages (fabric or disposable)	2
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), large (20cm x 10cm)	2
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), medium (10cm x 10cm)	2
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), small (5cm x 5cm)	2
<b>Miscellaneous</b>	
Alcohol-based hand sanitiser gel (e.g. Aqium®, Dettol®), 375mL	1
Normal saline ampoules, 15mL – 30mL	4 (15mL) or 2 (30mL)
Stainless steel first aid scissors	1 pair
Stainless steel shears (round nose)	1 pair
Single use chemical ice pack (disposable)	2
Thermal blanket (space blanket)	1
<b>Waste management</b>	
Disposable absorbent cloth (e.g. Chux® or Glitz® wipes)	4
Emesis bag (optional)	2
Plastic bag, resealable (250mm x 300mm)	2

## FIRST AID KIT FOR WORKING AT HOME

Suitable for staff working from home.

\*Please note, most of the items listed are included in personal, home and vehicle first aid kits. The items listed are recommendations only.

ITEM DESCRIPTION	QUANTITY
<b>Highly recommended items</b>	
Emergency Services telephone numbers (Triple Zero)	
Procedure for reporting first aid incidents.	
Procedure for reporting hazards and incidents via S.A.R.A.H	
<a href="#">First Aid Report Online Report Form</a>	
Basic First Aid Guide	1
Alcohol-based hand sanitiser gel (e.g. Aqium®, Dettol®), 375mL	1
Conforming or crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	1 roll
Disposable nitrile gloves	1 pair
Eye pads, single-use, sterile	2
Gauze swabs (10cm x 10cm), sterile (3 pack)	3 packs of 3
Hypoallergenic tape (e.g. Micropore™), any size	1 roll
Ice pack	1
Individually wrapped adhesive dressing (e.g. Band-Aids®)	50
Normal saline ampoules (any size, e.g. 15mL, 20mL, 30mL, 50 mL)	2
Stainless steel first aid scissors	1 pair
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™), medium (10cm x 10cm)	2
<b>Recommended (optional) items</b>	
Plastic bag, resealable (250mm x 300mm)	1
Triangular bandage (disposable or fabric)	1
Un-medicated sterile wound dressing no. 15 (large) (e.g. Aerowound®)	1

## ADDITIONAL MODULES FOR FIRST AID KITS

For certain specific hazards and health, additional kit modules will be required. Modules must be marked as appropriate and stored (preferably in a separate compartment) within the first aid kit. The modules must be kept in containers which clearly identify their contents and purpose.

A First Aid Assessment must be completed to determine the requirements for each specific module and the number of First Aiders who need to complete specific module-specific training.

### Anaphylaxis Module

The first aid kit containing this module must be marked as follows **“THIS KIT CONTAINS AN ANAPHYLAXIS MODULE”**.

This module must be kept in a container which clearly identifies its contents and purpose.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
Directions for use, specific to the brand of adrenaline auto-injector in the kit	1
<b>Medication</b>	
Adrenaline auto-injector (e.g. EpiPen®)	1
<b>Waste management</b>	
Sharps container (small)	1

NOTE: EpiPen® is the preferred brand. The adrenaline auto-injector must be stored in accordance with the manufacturer’s instructions (as a general rule, protected from light and at 15-25°C). It should be replaced when it reaches its expiry date.

First Aiders need to be aware that the administering of medication should only occur in certain circumstances and that they should be provided with appropriate training for relevant modules. First Aiders may assist a patient to take, or administer a medicine to a patient, in line with their first aid training or on the instruction of a registered health professional or Ambulance Victoria.

Refer to the [First Aid Procedure](#) for further information.

## Asthma Module

The first aid kit containing this module must be marked as follows “**THIS KIT CONTAINS AN ASTHMA MODULE**”.

This module must be kept in a container which clearly identifies its contents and purpose.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
Asthma first aid emergency protocol ( <a href="#">4 x 4 Guide</a> )	1
Directions for use, specific to the brand of reliever inhaler in the kit	1
<b>Medication</b>	
Reliever inhaler – salbutamol (e.g. Ventolin™)	1
<b>Medical Aids</b>	
Disposable spacer for use with inhaler	2

NOTE: Ventolin™ is the preferred brand. The reliever inhaler must be stored in accordance with the manufacturer’s instructions (as a general rule, protected from light and below 30°C). It should be replaced when it reaches its expiry date.

First Aiders need to be aware that the administering of medication should only occur in certain circumstances and that they should be provided with appropriate training for relevant modules. First Aiders may assist a patient to take, or administer a medicine to a patient, in line with their first aid training or on the instruction of a registered health professional or Ambulance Victoria.

Refer to the [First Aid Procedure](#) for further information.

## Burns Module

This module does not replace the need to provide drench showers where these may be required for OHS Regulation compliance.

This module is to be included in any workplace where:

- Heat is used (at is used (e.g. in kitchens, workplaces where welding work is done);
- Flammable liquids are used;
- Chemical acids or alkalines are used; or
- Other corrosive chemicals are used.

The first aid kit containing this module must be marked as follows **“THIS KIT CONTAINS A BURNS MODULE”**.

This module must be kept in a container which clearly identifies its contents and purpose.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
<a href="#">Burns First Aid Guidelines</a>	1
Burns first aid instruction card, waterproof <i>NB An additional waterproof instruction card must be posted next to the emergency drench shower or water supply</i>	1 card
<b>Bandages and dressings</b>	
Cotton conforming bandage, 7.5cm x 1.5m	3
Hydrogel dressings (e.g. Burnaid®), various sizes (e.g. 10cm x 10cm, 20cm x 20cm, 40cm x 55cm), sterile <i>NB Size of the dressings should be determined in regard to the nature of the hazard(s) in the workplace. Assistance with this can be obtained from first aid professionals or first aid suppliers.</i>	10
Polyethylene film (e.g. Glad Wrap®) (cling film) or sheets (small, medium and large)	1 roll or multiple sheets
<b>Medication</b>	
Hydrogel sachets (e.g. Burnaid®), 3.5g	8

NOTE: Burns should be treated immediately with cool running water for 20 minutes. Do not use any creams or lotions other than those specifically designed for first aid treatment of burns (e.g. hydrogel). Hydrogel dressings and gel sachets must be stored in accordance with the manufacturer's instructions (as a general rule, protected from light and below 30°C). They should be replaced when they reach their expiry date. Do not use any ointments, creams or lotions for burns first aid other than specific burn gel.

First Aiders need to be aware that the administering of medication should only occur in certain circumstances and that they should be provided with appropriate training for relevant modules. First Aiders may assist a patient to take, or administer a medicine to a patient, in line with their first aid training or on the instruction of a registered health professional or Ambulance Victoria.

Refer to the [First Aid Procedure](#) for further information.

## Cyanide Module

The first aid kit containing this module must be marked as follows “**THIS KIT CONTAINS A CYANIDE MODULE**”.

This module must be kept in a container which clearly identifies its contents and purpose.

NOTE: If casualty is not breathing, **DO NOT USE MOUTH TO MOUTH RESUSCITATION** because of the danger to the rescuer. Use a resuscitator set (bag, valve and mask) instead.

ITEM DESCRIPTION	QUANTITY
<b>Signage, Documentation and Guides</b>	
Copy of <a href="#">OHS Information Sheet - First Aid for Cyanide Exposure</a>	1
Copy of applicable Cyanide Safety Data Sheet	1
Copy of the National Occupational Health and Safety Commission <a href="#">Cyanide Poisoning Guide (March 1993)</a>	1
Phone number for Poisons Information Centre Victoria: 131 126 (24 hours)	
<b>Resuscitation equipment</b>	
Disposable, single-use resuscitator (e.g. Laerdal® or Ambu®), including bag, valve and mask (see note above)	1
Medical oxygen	1 bottle
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves	8 pairs
Safety goggles or glasses	2 pairs
<b>Miscellaneous</b>	
Stainless steel first aid sheers	1
<b>Waste Management</b>	
Plastic bags labelled “Contaminated with Cyanide” (size as appropriate, e.g. 70cm x 100cm)	2

## Eye Module

This module does not replace the need to provide eye wash facilities where these may be required for OHS Regulation compliance.

The first aid kit containing this module must be marked as follows **“THIS KIT CONTAINS AN EYE MODULE”**.

This module must be kept in a container which clearly identifies its contents and purpose.

This module is to be included in any workplace where:

- Chemical liquids or powders are handled in open containers;
- Spraying, hosing compressed air or abrasive blasting operations are carried out;
- There is any possibility of flying particles;
- Welding, cutting or machining operations are conducted; or
- Wearing of eye protection is recommended.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
Eye Injury First Aid Guide	1
<b>Eye wash equipment</b>	
Eye wash bottle (1 litre bottle for single use) and/or access to eye wash station	2
<b>Bandages and dressings</b>	
Eye pads, single-use, sterile	4
Eye shields (optional)	2
Hypoallergenic tape (e.g. Micropore™), 2.5cm	1 roll



## General Chemical Module

The first aid kit containing this module must be marked as follows **“THIS KIT CONTAINS A GENERAL CHEMICAL MODULE”**.

This module must be kept in a container which clearly identifies its contents and purpose.

The contents of this module will be determined by the First Aid Assessment and Risk Assessment. The safety data sheet for the specific chemical should be used as the primary source of information to determine the personal protective equipment (PPE) for a First Aider responding to a casualty's exposure to the applicable chemical.

NOTE: Specific hazardous chemicals may require a separate module and specialised PPE. For example, PPE for a First Aider responding to a casualty's exposure to phenol should include chemical resistant gloves, protective eyewear and a protective gown to prevent the First Aider becoming contaminated with residual chemical.

Specific first aid instruction from the relevant safety data sheet (SDS) and/or relevant WorkSafe guidance should be included in the module.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
Copy of applicable safety data sheet(s)	
Relevant OHS Information Sheet(s), if available	
Phone number for Poisons Information Centre Victoria: 131 126 (24 hours)	
Chemical Exposure First Aid Guide	1
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves	4 pairs
Safety goggles or glasses	1 pair
Appropriate chemical resistant gloves (e.g. AlphaTec®, Neotop™, Scorpio®, ChemiPro, ChemTek™) as determined by the SDS	2 pairs
<b>Bandages and dressings</b>	
Conforming or crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	1 roll
Gauze swabs 10cm x 10cm (3 pack), sterile	10 packs of 3
<b>Eye wash equipment (to be included based on First Aid Assessment, Risk Assessment &amp; SDS)</b>	
Eye wash irrigation bottle (e.g. Eyestream®) with ready-to-use eye bath, sterile, 500mL	2 bottles
Eye pads, single-use, sterile	4
Eye shields (optional or as determined by the relevant SDS)	4
Timer (for timing eye flush procedure)	1
<b>Waste Management</b>	
Plastic bags labelled “contaminated with Chemical XXXX” (size as appropriate, e.g. 70cm x 100cm)	2 bags

## Hydrofluoric Acid (Hf) Module

The first aid kit containing this module must be marked as follows “**THIS KIT CONTAINS A HYDROFLUORIC ACID MODULE**”.

This module must be kept in a container which clearly identifies its contents and purpose.

NOTE: If casualty is not breathing, **DO NOT USE MOUTH TO MOUTH RESUSCITATION** because of the danger to the rescuer. Use a resuscitator set (bag, valve and mask) instead.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
Copy of applicable safety data sheet	1
<a href="#">OHS Information sheet - Hydrofluoric acid</a>	1
Copy of the National Occupational Health and Safety Commission <a href="#">Hydrogen Fluoride Guide (December 1989)</a>	1
Phone number for Poisons Information Centre Victoria: 131 126 (24 hours)	
<b>Resuscitation equipment</b>	
Disposable, single-use resuscitator (e.g. Laerdal® or Ambu®), including bag, valve and mask (see note above)	1
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves	8 pairs
Chemical resistant gloves (e.g. AlphaTec®, Neotop™, Scorpio®, ChemiPro, ChemTek™)	4 pairs
Chemical resistant gown, disposable	2
Safety goggles or glasses	2 pairs
<b>Bandages and dressings</b>	
Conforming or crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	1 roll
Gauze swabs 10cm x 10cm, sterile (3 pack)	5 packs of 3
<b>Eye wash equipment</b>	
Source of continuous stream of fresh water – for at least 15 minutes of flushing (e.g. safety eye wash station)	
Eye wash irrigation bottle (e.g. Eyestream®) with ready-to-use eye bath, sterile, 500mL	2 bottles
Eye pads, single-use, sterile	4
Eye shields (optional or as determined by the relevant SDS)	4
Timer (for timing eye flush procedure)	1
<b>Medication</b>	
Calcium gluconate gel 2.5%, 50g tube	2 tubes
<b>Wound care</b>	
Nail scrubbing brush, disposable	1
<b>Waste Management</b>	
Plastic bags labelled “Contaminated with Hydrofluoric Acid”, 27 litres (500mm x 600mm)	2

## Macaque Module

The first aid kit containing this module must be marked as follows **“THIS KIT CONTAINS A MACAQUE MODULE”**.

This module must be kept in a container which clearly identifies its contents and purpose.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
Copy of <a href="#">‘Management of Suspected Exposure to Macacine Alphaherpesvirus 1 (B Virus) Procedure’</a> (bring one copy to medical practitioner in event of exposure)	2
Laminated copy of ‘First Aid for Suspected Exposure to Macacine Alphaherpesvirus 1 (B Virus)’ (pg 7 of <a href="#">Procedure</a> )	1
Laminated copy of completed ‘Local Emergency Contacts’ template (pg 6 of <a href="#">Procedure</a> )	1
Copy of ‘Checklist for Suspected Exposure to <i>Cercopithecine herpesvirus 1 (B Virus)</i> ’ (pg 5 of <a href="#">Procedure</a> )	1
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves	8 pairs
Safety goggles or glasses	2 pairs
<b>Bandages and dressings</b>	
Conforming or crepe bandage (e.g. Handyband®, Aerowound®), medium (7.5cm x 1.5m)	1 roll
Gauze swabs 10cm x 10cm, sterile (3 pack)	5 packs of 3
<b>Eye wash equipment</b>	
Source of continuous stream of fresh water – for at least 15 minutes of flushing (e.g. safety eye wash station)	
Eye wash irrigation bottle (e.g. Eyestream®) with ready-to-use eye bath, sterile, 500mL	2 bottles
Eye pads, single-use, sterile	4
Timer (for washing eye and bite wound for 15 minutes)	1
<b>Wound care</b>	
Antiseptic surgical scrub (e.g. povidone-iodine 10% (Betatine™), Chlorhexidine™ 4%), 500mL	1 bottle
Basin for soaking large wounds	1
Crepe bandages (e.g. HandyCrepe) 7.5cm x 1.5m or larger	2
Hypoallergenic tape (e.g. Micropore™), 2.5cm	1 roll
Nail scrubbing brush, disposable	1
Sterile gauze swabs of various sizes for soaking and dressing wounds (5cm x 5cm, 7.5cm x 7.5cm & 10cm x 10cm)	8
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™) small, medium & large	2 each
<b>Waste Management</b>	
Biohazard waste disposal plastic bags, 27 litres (500mm x 600mm)	2

## Snake Bite Module

The first aid kit containing this module must be marked as follows “**THIS KIT CONTAINS A FIRST AID SNAKE BITE MODULE**”.

This module must be kept in a container which clearly identifies its contents and purpose.

ITEM DESCRIPTION	QUANTITY
<b>Signage, documentation and guides</b>	
Snake Bite First Aid Guide	1
<b>Personal protective equipment (PPE)</b>	
Disposable nitrile gloves	2 pairs
<b>Bandages and dressings</b>	
Gauze swabs 10cm x 10cm, sterile (3 pack)	3 packs of 3
Hypoallergenic tape (e.g. Micropore™), 2.5cm	1 roll
Pressure immobilisation (elasticised) bandages (e.g. AeroForm™ Snake Bite Bandage with Indicator) 10cm x 10.5m or larger	2 rolls
Un-medicated sterile low-adherent dressing (e.g. Melolin™, Cutelin™) small, medium & large	2 each
<b>Wound care</b>	
Limb splint (e.g. SAM Splint®)	1
Permanent marker or pen (to mark location of bite site, time of bite and bandage application)	1